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BEFORE SCHOOL, AFTER SCHOOL AND ANYTIME IN BETWEEN NUTRITIOUS AND INNOVATIVE MENUS EARLY CHILDHOOD EDUCATION



MONDAY | May 29

TUESDAY | 30

WEDNESDAY | 31

THURSDAY | JUN 1

FRIDAY | JUN 2

BREAKFAST

NO SCHOOL	Maple Madness Mini Waffles	Apple Frudel	Tropical Mango Breakfast Round	Strawberry Banana Bash Yogurt w/Graham Crackers
	Orange Wedges	Mixed Fruit Salad	Applesauce	Fresh Banana

Daily offerings include, assorted cereal bowls with graham crackers. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All breakfast entrées are vegetarian (including milk and eggs) and **VE** denotes vegan choices. Locally Sourced items noted in **green**. This menu is subject to change and based upon product availability.

LUNCH

	Chicken Tinga Hard Shell Tacos	Cheese Pizza V	Grilled Chicken Sandwich	Fajita Vegetable Quesadilla V
NO SCHOOL	Veggie Burger V on Whole Grain Bun	Cauliflower, Chickpea and Potato Curry w/ Brown Rice V	Veggie Pizza V	Bean & Cheese Nachos V
	Seasoned Black Beans	Roasted Broccoli & Carrots	Sweet Yellow Corn	Mexican Roasted Sweet Potatoes
	Fresh Banana	Orange Wedges	Fresh Blueberries	Fresh Apple Slices

All lunch entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich.

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Daily condiments include ketchup, mustard, mayo, and ranch or Italian dressing. This menu is subject to change and based upon product availability.

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MONDAY | 5

TUESDAY | 6

WEDNESDAY | 7

THURSDAY | 8

FRIDAY | 9

BREAKFAST

Strawberry & Greens Day

Strawberry Guava Danish	Hearty Oatmeal w/Warm Berries VE	Strawberry & Granola Greek Yogurt Parfait	Cinnamon Mini Bagels	Just Peachy Parfait w/Graham Crackers
Orange Wedges	Diced Pear	Baked Cinnamon Apples	Fresh Banana	Diced Peaches

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LUNCH

Strawberry & Greens Day

Glorious Mac & Cheese w/Garlic Knot V	French Toast Sticks w/Turkey Sausage Patty & Syrup	Chicken Cordon Blue Burger on Whole Grain Bun	Butter Chicken w/Brown Rice	Veggie Pizza V
Veggie Pizza V	Vegan Rainbow Chili w/ Dinner Roll V	Veggie Tortellini w/Cheesy Breadstick V	Asian Noodle Bowl w/Broccoli V	Garden Veggie Wrap VE
Roasted Tuscan Vegetables	Sweet Peas	Basil Corn Salad	Roasted Broccoli & Carrots	Collard Greens
Fresh Tangerine	Fresh Blueberries	Pineapple Tidbits	Fresh Apple Slices	Applesauce

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MONDAY | 12

TUESDAY | 13

WEDNESDAY | 14

THURSDAY | 15

FRIDAY | 16

BREAKFAST

Strawberry Banana
Bash Yogurt
w/Graham CrackersCinnamon French
Toast Bites **VE**Whole Grain Bagel
w/Cream Cheese

Apple Frudel

Mini Blueberry
Waffles

Fresh Apple Slices

Diced Peaches


Warm Berries

Applesauce

Fresh Banana

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LUNCH

World of Flavors 
Cameroon Chicken &
Brown RiceChicken Parm Pasta
w/ Garlic KnotPulled Chicken
w/ Dinner RollVeggie Pizza **V**Glorious Mac &
Cheese w/Garlic
Knot **V**Bean & Cheese
Nachos **V**Veggie Tortellini **V**Falafel & Rice Bowl **V**Veggie Burger **on Whole
Grain Bun
V**Vegetarian Paella w/
Edamame, Tofu and
Dinner Roll

Fresh Tangerine

Fresh Banana

Applesauce

Fresh Blueberries

Diced Peaches

Sweet Plantains

Sauteed Kale
w/ Ginger

Garlic Mashed Potatoes

Roasted Broccoli

Parmesan Green Beans

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MONDAY | 19

TUESDAY | 20

WEDNESDAY | 21

THURSDAY | 22

FRIDAY | 23

BREAKFAST

NO	Mini Blueberry Waffles V	Apple Frudel V	Just Peachy Parfait w/Graham Crackers	NO
SCHOOL	Fresh Tangerine	Diced Pears	Diced Peaches	SCHOOL

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LUNCH

	Spaghetti & Marinara w/ Turkey Meatballs	Cheeseburger on Whole Grain Bun	Fajita Vegetable Quesadilla V	
NO	Sunbutter & Jelly Sandwich VE	Asian Noodle Bowl w/Broccoli V	Veggie Tortellini V	NO
SCHOOL	Parmesan Green Beans	Roasted Broccoli & Carrots	Seasoned Collard Greens	SCHOOL
	Diced Pear	Orange Wedges	Fresh Banana	

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